The Federal Health Law and Alameda County:

What's New, What's Next, and What Do We Need to Do?



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The Biggest Reforms of Our Era

The health reform law doesn't do all that is needed, but it is historic Congressional action in three areas of focus:

- 1) Provides new consumer protections to prevent the worst insurance industry abuses
 - Biggest reform of insurance practices ever: no denials for pre-existing conditions; no rescissions; no lifetime/annual caps on coverage; etc
- 2) Ensures security for those with coverage, and new and affordable options for those without coverage
 - Biggest expansion of coverage in 45 years; Would bring US from 85% to 95% coverage.
 - Expansion of Medicaid and a new exchange, with affordability tax credits so premiums are tied to income, not how sick we are.
- 3) Begins to control health care costs, for our families and our government.
 - Multiple efforts to ensure quality & reduce cost
 - Biggest deficit reduction measure in a generation.
 - Big investments in prevention, with unbooked savings

ACA Impacts on Coverage

Employer-Based Coverage

 Roughly the same (potentially stabilize long-term erosion, some small businesses may join the SHOP Exchange)

Medi-Cal

- Increases potentially by 1-2 million—for a total of 8-9 million
- Newly-eligible get much higher than 50-50 matching rate
 - 2014-16: 100% Federally funded
 - **•** 2017: 95%; 2018: 94%; 2019: 93%
 - 2020 and beyond: 90% (still a 9:1 match)

Individual Market and the Exchange

- Individual market doubles to potentially 4-5 million.
- Up to 2 million getting subsidies in the Exchange
- Half (1.7 million) would be newly insured; the rest were getting coverage in the individual market but now getting help to pay for expensive coverage.
- Exchange Demographics: over half low/moderate-income families of color

Uninsured

- 4+ million (2/3 of the uninsured) are eligible for subsidized coverage; more could become covered
- Some won't be signed up; some will not qualify for help due to income or immigration status; there will be residual population

The Benefits of Health Reform

- 1. **Near-universal coverage for all,** with expansions of group coverage, both public and private.
- New consumer protections: New rules and oversight on insurers that include the abolition of underwriting and limits on age-based rates and on premiums dollars going to administration and profit.
- 3. The biggest expansion of Medicaid since its creation 40 years ago.
- 4. Sliding scale subsidies tied to income: Consumers will pay for coverage not based on how sick they are, but what they can afford.
- 5. The end of most junk insurance and bankruptcies due to medical bills, with a cap on out-of-pocket costs.
- 6. **Fair share financing**, including an employer assessment as important in concept as the minimum wage.
- 7. Assistance for small business and their workers to be able to afford coverage.
- 8. Improvements for existing public programs, such as filling donut hole in Medicare & simplifying Medicaid.
- 9. The tools for cost containment and quality improvement in health care generally, from prevention to IT to bulk purchasing.
- 10. Momentum to do more in the future, politically and policy-wise, in health care and beyond

Fulfilling the Promise: California 2010 Legislation

- Ensured availability of child-only plans, prohibited children with pre-existing conditions to be denied coverage, and limited higher rates: AB2244 (Feuer)
- Made rate hikes (& justifications) public: SB1163 (Leno)
- Conformed state law to many new federal consumer protections, including rescissions, dependent coverage up to age 26, no cost-sharing for preventative care, etc.

Fulfilling the Promise: California 2011 Legislation

- Reformed key systems to help consumers get coverage and care, to be ready ramping up to 2014:
 - Eligibility and Enrollment: AB1296(Bonilla) outlines a "no wrong door" philosophy for signing up Californians for coverage.
 - Consumer Assistance: AB922(Monning) enhances & expands the Office of Patient Advocates as a triage center for questions and complaints about coverage and care.
- Instituted new consumer protections and insurance oversight, to align with federal law:
 - Medical Loss Ratio: SB51(Alquist) would allow state regulators to enforce new federal standards to ensuring premiums dollars go to patient care, not administration and profit.
 - Maternity Care: AB210(Hernandez)/SB222(Evans) mandates maternity services as a basic benefit by July 2012.

Fulfilling the Promise: The Medi-Cal Waiver

California's "Medicaid waiver" is being negotiated this year, to determine the next five years of the program, which covers 7 million Californians. Some shared goals include:

- Be ready for health reform: through early enrollment and other efforts, have over one million in Medi-Cal on Day 1: January 1, 2014
- Help bring in additional federal funds to California, for the state budget and for our safety-net institutions, especially public hospitals
- Incorporate other delivery system reforms, around coordinated care
- Ensure key consumer protections for seniors and people with disabilities, before any patient is mandatorily shifted

Fulfilling the Promise: (LIHP) Low Income Health Program

A win for the county, the uninsured, and the health system:

- County gets new federal matching funds, for dollars they already largely already spend on indigent care, helping their health system and their local economy.
- Already over 550,000 uninsured getting coverage prior to 2014; a medical home providing primary and preventative care, not just care at the emergency room.
- Since this coverage is grounded in county-based systems of care, these new dollars go to shore up safety-net institutions, including public hospitals, community clinics, and other providers.
- This serves as a bridge to health reform, ensuring these patients are getting treated and in systems of care before 2014, and ready to get full Medi-Cal (or exchange-based) coverage on day one, maximizing enrollment and federal funds for California.
- This isn't a long-term obligation: In fact, the more people are enrolled in these programs, and thus quickly shifted to Medi-Cal in 2014 with 100% funding by the federal government, the more county resources can be refocused to better serve the medically indigent who remain uninsured after 2014.

Securing the Safety-Net

The Need for Transformation

- For hospitals, community clinics, and others, this a challenge and opportunity
- Potential new resources: Direct funds for clinics, newly insured consumers with dollars attached to them.
- Will their consumers stay with them, or go to other providers? Are they ready to compete?
- What is the business plan for safety-net providers?
- Goal: Not Just Surviving, but Thriving

Assessing the Entire Community's Capacity

- With many more insured, we need the capacity of the existing safety-net to provide the care.
- The newly-insured will have specific needs, such as language access
- The safety-net will still need strategy and support to provide care to the remaining uninsured.
- How can we provide care better, and more cost-effective? How can a county's health system-public & private-be ready in 2014?
- Overall reforms of delivery systems...

2012 Agenda: Consumer Protections & Insurer Oversight

- Watchdog the federal and state government to ensure that new consumer protections are implemented and enforced.
 - Focus at the Department of Managed Health Care (DMHC) and the Department of Insurance (DOI)
 - Continued focus on rate review has generated hundreds of million in savings through scaled-back and withdrawn rate hikes.
- Ensure Californians know about their new rights and options.
- Start to transition from the "Wild Wild West" insurance market: phasing in benefits, standards, and options.
 - INDIVIDUAL MARKET REFORM: AB1462 (Monning) / SB961 (Hernandez)
 - SMALL GROUP MARKET REFORM: AB1083 (Monning)
 - ESSENTIAL HEALTH BENEFITS: AB1453 (Monning) / SB951 (Hernandez)
 - INFORMATION AND ENROLLMENT AB792(Bonilla); SB970(DeLeon)
- Fight efforts to weaken, defund, undermine, and repeal these consumer protections and the rest of reform.

2012 Agenda: Ensuring Californians Get Coverage: The Day One Challenge

- Special session legislation:
 - THE 2014 MEDI-CAL EXPANSION: AB43 (Monning) / SB 677 (Hernandez)
 - PRE-ENROLLMENT: AB719 (Atkins)
 - AUTOMATIC APPLICATION DURING LIFE CHANGES: AB792 (Bonilla)
 - BASIC HEALTH PLAN? Other legislation...
- Work to implement and improve:
 - Streamline enrollment in Medicaid, Healthy Families, the Exchange and elsewhere; no wrong doors;
 - Get ready so millions of Californians get covered on Day One— January 1, 2014—and California gets all the federal help available.
 - Create integrated system of "navigation"—right now, patchwork of county workers, brokers/agents, community groups, etc.
 - Work at the Legislature and at the Exchange, DHCS, etc.

Fulfilling the Promise: What a Community Can Do

- Educate the Community about Their New Rights, Options, Benefits, and Consumer Protections
- Engage Communities and Consumers Every Step of the Way
- Maximize Federal Dollars for County and Community
 - Grant opportunities
 - Matching Dollars for Medi-Cal, Healthy Families, LIHP, etc.
- Aggressively Implement the Low-Income Health Program
- Be Ready So Community Residents Get Coverage on Day One
 - Set a Goal and Date; Work backwards to Meet That Goal
 - Systems in place for easy enrollment through no wrong door
- Transform the Safety-Net to Survive and Thrive
 - A Business Plan for Safety-net institutions
 - An Assessment and Augmentation of County-wide Capacity
- Use the New Tools in the Law
 - To focus on delivery system reform for cost, quality, safety & equity
 - To build health in all policies, with place-based policy interventions

For more information

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